



Seniors sharing knowledge and experience with seniors

December 2012

**Winter Registration 2013**

Sackville Monday,  
Tantramar January 14  
Civic Centre 4:00-5:15

Amherst Tuesday,  
Trinity St. January 15  
Stephen Church 4:00-5:15

Codiac Wednesday,  
Region January 16  
NBCC 12:00-1:30  
Room-A1133

Shediac Thursday,  
Multipurpose January 17  
Centre 12:00-1:30

Fall Membership	
2008	90
2009	214
2010	243
2011	240
2012	264
Fall Course Registration	
2008	127
2009	428
2010	501
2011	609
2012	676
Fall # of Courses	
2008	10
2009	38
2010	38
2011	53
2012	49

**AMAZING WORK EXCEEDS ALL EXPECTATIONS**

Sixty-nine is the number of courses being offered during the winter 2013 session. This represents the outstanding work of the Regional Committees that operate in the Amherst, Codiac, Sackville and Shediac regions. Under the leadership of the chairpersons, Joan Beswick, Amherst; Karen Mills, Codiac; Penny Mott, Sackville; Sandra Wallace, Shediac, volunteers work for months to prepare for these courses. Including the number of courses offered in the fall 2012 term we have a total of 118 courses. Great work! Thank you to all those volunteers.

The name Codiac Region, which includes Riverview, Moncton, Dieppe and surrounding communities, is being used in place of Moncton Region. Following the cancellation of the fall term in the Moncton Region, a committee of volunteers revived the Regional Committee under the name of Codiac Region and they were able to put together an offering of 19 courses for the winter term. Now that is impressive.!



Escorted Geological Nature Walks with Ken Adams at various sites in the Parrsboro area.

When you are registering in January ask about the guest pass. If you have a friend who is not yet a member of the College but is interested in attending a class you can obtain a guest pass and bring your friend to one of the classes.

At registration you receive a course handout with information about the course you are going to take. Take note of the general information in the

box as it pertains to course cancellation.

At this special time of year I would like to wish all of you much happiness and warmth. All the best as we move into the new year of 2013.

Hope to see all of you at registration in January.

Phyllis Cameron  
President

**WE WANT A LOGO. DO YOU HAVE AN IDEA?**

We are looking for a logo that will be recognized as Tantramar Seniors' College. Something simple and able to be easily reproduced.

Our advertising costs are a big portion of our budget

so we are interested in being able to reduce costs with the use of black & white materials when we can. Therefore, a logo needs to be effective without colour.

If you have any ideas send them to us by way of the coordinator. We have set a deadline of February 1, 2013 to receive ideas. We would like to have a new logo by the end of the 2012-13 year

	<b>Course</b>	<b>Instructor</b>	<b>Location</b>	<b>Day</b>	<b>Time</b>	<b>Start Date</b>	<b>Sessions</b>	<b>Max</b>
<b>A</b>	Beginner Quilting	Phyllis Cameron	Amherst Stadium	Tuesday	1:30-3:30	Jan 29	6	8
<b>M</b>	Bowling 101	Doug Thompson	King Pin Bowling Ltd	Monday	1:00-3:00	March 4	2	40
<b>H</b>	Chair Yoga & Mediation	Sherry & Donna	CFTA radio board room	Wed	10:00-11:00	Feb 6	4	12
<b>E</b>	Coronation St. History & Mystery	Connie Rose	CFTA radio board room	Fridays	2:00-3:30	Feb 1	3	10
<b>R</b>	Coronation St. etc	Connie Rose	CFTA radio board room	Fridays	2:00-3:30	Feb 22	3	10
<b>S</b>	Counted Cross Stitch	Linda MacDonald	CFTA radio board room	Thursday	10:30-12:00	Jan 31	5	8
<b>T</b>	Drawing	Gil Collicott	Heartz Hall	Monday	1:30-3:30	Jan 28	5	8
	The Art Of Living	Stephanie Allen	Gateway Development	Monday	10:30-12:00	Feb 4	3	8
	Getting to Know Your Beadmaker	Carol Oram, Jane Wood	CFTA radio board room	Tuesday	10:30-12:00	Jan 22	1	10
	Travel Planning & Booking on Line	Ed Childs	CFTA radio board room	Thursday	1:30-3:30	Jan 31	2	12
	Intro to Basic Tools	David Wood	443 Green Rd. Tidnish	Wed	10:00-11:30	Feb 6	4	8
	Intro to Blogging With Word Press	Deanne Fitzpartick	Deanne's Studio	Wed	10:30-12:00	Jan 23	1	10
	Intro to Facebook	Denise Cory	Cumberland Library	Friday	10:00-12:00	Feb 15	1	8
	Intro to Knitting	Carol Oram	CFTA radio board room	Thursday	2:00-3:30	Feb 14	4	8
	Intro to Taoist Tai Chi	Nicki, Wayne,Gordie	Karate Academy	Thursday	1:30-2:30	Feb 7	4	20
	Intro to Wii	Chantelle Taylor	Cumberland Library	Friday	10:00-12:00	Feb 8	1	12
	Making Bread & Soup	Carol Oram, Jane Wood	Bridge Workshop	Saturday	1:00-6:00	March 2	1	10
	Opera Appreciation	Beverly True	CFTA radio board room	Wednesday	2:00-3:30	Jan 16		20
	Proverbs Parables &Other Sayings	David Firth	CFTA radio board room	Tuesday	2:00-3:30	Feb 5	5	15
	Rug Hooking-Design a Geometric	Edie Leger-Cole	Edie's Studio	Wednesday	1:00-3:00	Feb 6	4	8
	Secrets, Society & War- Book Discus- sion	Beth Clinton	Cumberland Library	Monday	10:30-12:00	Feb 4- March 4	2	12
	Intro to Stamp Collecting	Brian Faught	CFTA radio board room	Monday	1:30-3:00	Jan 28	6	16
	Topics of Historical Interest	Various presenters	Amherst Stadium	Monday	1:30-3:00	Feb 4	3	20
	Uncle Ed's Coin Collection	Ralph Belliveau	CFTA radio board room	Tues/Fri	9:00-12:00	Feb 5	2	12
<b>C</b>	Conversational French Level3	Debbie Cooney,Gisele Moleman	Sobey's Community Room	Tuesday	2:00-4:00	Jan 29	5	25
<b>O</b>	Xquisite Block Quilt Pattern-Placemat	Kathy Roth	Riverview Rec Centre	Thursday	1:00-3:00	Feb 14	2	6
<b>D</b>	Enjoying Retirement Without Break- ing the Bank	Christina Guthrie	Sobey's, Riverview	Wednesday	2:00-4:00	Jan 30	5	12
<b>I</b>	Four Lads from Liverpool	Floyd Anderson	NBCC- Room A1133	Tuesday	1:30-2:30	Jan 29	4	15
<b>A</b>	Getting to Know Your Samsung Tablet	Emily O'Reilly	Riverview Library	Tuesday	6:30-7:30	Jan 29	2	15
<b>C</b>	Hybrid Racketball for Beginners	Ian MacGowan	Squash Moncton	Tuesday	10:00-12:00	Feb 5	1	12
	It's Your Money	Various Presenters	NBCC- Room A1133	Wednesday	6:30-8:30	Jan 30	1	15
	Greatest Music & Musicians of 20th Century	Allan Frances	NBCC--Room A1133	Monday	2:00-3:00	Jan 28	8	30
	Making Cards	Gisele Julien	NBCC-Room A1133	Monday	10:00-12:00	Jan 28	2	15
	NB Irish History & Genealogy	Linda Evans	Thomas Williams House	Friday	10:00-11:30	Jan 25	2	10
	Digital Photos-organize,improve,store	Graham Hobster	NBCC-Room A1133	Wednesday	10:00-12:00	Jan 30	3	15
	Pencil Portraits	Jim Rae	Riverview Rec Centre	Wednesday	2:00-4:00	Jan 30	8	12
	People Picture-Shoot, Edit	Jeanne Whitehead	NBCC-A1133	Friday	12:30-2:00	Feb 1	4	15

	Pickleball for Beginners	Ashley Arrowsmith	Coverdale Rec Center	Friday	10:00-11:00	Jan 25	2	12
	Seniors & Today's Technology	Gerrit Moleman	Dieppe Library	Tuesday	10:00-12:00	Jan 29	5	20
	Series of Health Lectures	Margaret Steven	Peoples' Park Tower	Monday	1:00-2:00	Feb 4	4	NA
	Stories from Canadian History	Graeme Decarie	NBCC—Room A1133	Thursday	10:00-12:00	Jan 31	6	NA
	Travel Tips for Seniors	Various Presenters	NBCC– Room A1133	Wednesday	2:00-4:00	Jan 23	5	NA
	Watercolour Techniques	Susan Lunney	Riverview Rec Centre	Friday	10:30-12:00	Feb 8	6	10
<b>S</b>	The Fun & Pleasure of Collecting	Various Presenters	Lafford Classroom	Tuesday	1:00-2:30	Feb 5	4	20
<b>A</b>	Curling for Seniors	Sharon & Don MacIntyre	Sackville Curling Club	Wednesday	1:00-2:30	Jan 23	1	24
<b>C</b>	Current Health Issues	Harold Popma	Lafford Classroom	Wednesday	10:00-12:00	Jan 23	6	16
<b>K</b>	Fibre & Cloth-An Introduction	Patty Chasse	Lafford Classroom	Friday	10:00-12:00	Jan 25	4	6
<b>V</b>	Intro to Digital Literacy-level 1 & 2	Norm Huffman	Lafford Classroom	Thursday	12:30-2:30 3:00-5:00	Jan 24	6-8	8
<b>I</b>	Jazz Appreciation	Berkeley Fleming	Lafford Classroom	Monday	1:30-3:30	Jan 21	8	15
<b>L</b>	Life Drawing- Intermediate Level	Peter Manchester	Peter's Home	Tuesday	1:00-3:00		6	8
<b>L</b>	Long Distance Genealogy Research	Barb Jardine	Lafford Classroom	Thursday	9:30-11:30	Jan 31	4	10
<b>E</b>	Paris, Paris, French Conversation	Alex Fancy	Lafford Classroom	Tuesday	10:00-12:00	Feb 5	6	20
	Re-upholstery	Pat Dixon	Lafford Classroom	Monday	9:00-11:00	Jan 21	8	8
	River Cruising the Rhine& Danube	Elaine & Al Smith	Lafford Classroom	Friday	1:30-3:00	Feb 1	2	25
	Seniors Cross-Country Skiing	Cy Bernard, Roy Pierog	Sackville Area	Friday	1:00-3:00	Jan 25	5	NA
	T'ai Chi in the Afternoon	Alex Whitla	St. Andrew's Church	Thursday	3:00-4:30	Jan 24	6	12
	Windows On China	Gary MacDonald	Lafford Classroom	Wednesday	1:30-2:30	Jan 23	6	15
<b>S</b>	Bridge Basics	Joanne LeBlanc	Shediac Multipurpose Centre	Tuesday	1:00-4:00	Jan 29	8	24
<b>H</b>	Cooking For One or Two	Veronique Maillet	Sobey's Community Room	Thursday	1:00-3:00	Jan 31	1	25
<b>E</b>	Digital Photography	Louis P Melanson	Shediac Multipurpose Centre	Wednesday	9:00-11:00	Jan 23	6	8
<b>D</b>	Estate Planning	Wade Hamilton	Shediac Multipurpose Centre	Thursday	2:00-4:00	Feb 2	1	35
<b>I</b>	Intro-Centering Prayer Meditation	Dr. Pierre Ouellette	Shediac Multipurpose Centre	Thursday	10:00-12:00	Jan 31	8	20
<b>A</b>	Health & Lifestyle Series	Various Presenters	Shediac Multipurpose Centre	Wednesday	1:00-3:00	Jan 30	5	20
<b>C</b>	Music Appreciation & Concert Series	Various Musicians	Shediac Multipurpose Centre	Tuesday	2:00-4:00	Jan 29	4	20
	Pirates & Privateers-Shediac Bay History	Armand Robichaud	Shediac Multipurpose Centre	Fridays	10:00-12:00	Feb 1	7	20
	Social Media Tools-Skype, Facebook,	Brian Cormier, Dave Gallant	Shediac Multipurpose Centre	Thursday	10:00-12:00	Feb 28	1	12
	Social Media Tools-Twitter, YouTube,etc	Brian Cormier, Dave Gallant	Shediac Multipurpose Centre	Thursday	10:00-12:00	March 7	1	12
	Taoist Tai Chi	Maria Gillespie	Shediac Multipurpose Centre	Monday	9:00-10:00	Jan 28	8	NA
	Travellers' Tales-a series	Various presenters	Shediac Multipurpose Centre	Monday	2:00-4:00	Jan 28	8	NA
	Yoga for Seniors	Janet Cameron	Shediac Multipurpose Centre	Tuesday	10:00-11:00	Jan 29	6	15

**Tantramar Seniors' College**

**Heather Patterson,  
Coordinator**

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**We're on the Web**  
[tantramarseniorscollege.ca](http://tantramarseniorscollege.ca)

*Seniors Teaching and Learning Together*

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2012-2013

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*The Tantramar Seniors' College is an incorporated non-profit organization which operates in the provinces of New Brunswick and Nova Scotia. The College is a volunteer, seniors-governed, locally operated, membership-based organization providing non-credit courses for all seniors.*

*The purpose of the College is to enhance the quality of life for seniors by providing peer learning educational opportunities in a comfortable and affordable environment.*

*Modeled on the PEI Seniors' College, the Tantramar Seniors' College was established in the spring of 2008 with the first course offerings taking place in October 2008 in Sackville and Amherst.*

*The College has experienced steady growth since its establishment and now operates in the communities and surrounding areas of Sackville, Port Elgin, Dorchester, Shediac and Moncton New Brunswick and in Amherst, Nova Scotia.*

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## HOW WE OPERATE

Seniors, who have had experience in presenting information to others and have a skill or interest that other seniors want to learn about, teach most of the courses.

Courses are offered during three sessions-fall, winter and spring. Usually the courses are held once a week for up to 8 weeks and the sessions last from 2 to 3 hours.

The courses are held in the Amherst, Dorchester, Codiatic, Port Elgin, Sackville and Shediac areas.

There are no exams, no papers and no pressure; just the joy of learning with other interesting senior.

Registration takes place three times a year in four locations-Amherst, the Codiatic region of NB, Sackville and Shediac.

Membership in the College is open to all who are 50 years or older. The fee for membership is \$100.00 a year and entitles a member to enroll in any number of courses during the three terms the College operates.

Volunteer members of four regional organizational committees are responsible for curriculum, obtaining and confirming instructors, arranging venues, and overseeing all the details involved in organizing, promoting, and delivering courses and activities in their region.

All the instructors and presenters who offer courses are volunteers. The college has one paid part time individual who is the coordinator of the College.