



Seniors Teaching and Learning Together

Spring 2014

REGISTRATION DATES

Sackville, NB
Monday, 7 April 2014
3:00-4:30

Tantramar Veterans Memorial
Civic Centre

Amherst, NS
Tuesday, 8 April 2014
4:00-5:15

Trinity St. Stephen United Church
Hertz Hall

Moncton, NB
Wednesday, 9 April 2014
Noon-1:15

Rose Hall
People's Park Tower
960 St George Blvd

Shediac, NB
Thursday, 10 April 2014
Noon-1:30

Shediac Multipurpose Centre

Travellers' Tales



Mary Campbell (extreme left in the photo) is a retired teacher who volunteered to share her travel experience. During the Winter Session, as part of the Travellers' Tales Series in Shediac, Mary gave a presentation titled "An East Coaster on Pender Island BC. Also in the photo are some very enthusiastic seniors

TSC Board Undertakes Strategic Planning

The TSC Board of Directors has set in motion the process of strategic planning. We have done this to assist us in making thoughtful decisions about the future of the Seniors' College in order to ensure its continued success.

During this process, input from the membership will be important. We encourage all members to take part when

the opportunity is offered.

As one of the first steps you are invited to attend information sessions that have been arranged in all 4 regions. We hope to see you at one of these sessions.

Amherst

Monday, April 14, 2:00-3:30
Trinity St Stephen Church
Kimble Room

Sackville

Tuesday, April 15, 1:00-2:30
Jean Coutu Room, Civic Centre

Codiac Region

Wednesday, April 16, 2:00-3:30
NBCC Mountain Rd.
Room A2118

Shediac

Thursday, April 17, 2:00-3:30
Shediac Multipurpose Centre
Room E

We thank Linda Cooper, one of our board members, for her work in guiding us and organizing this process.

Course	Instructor	Location	Day	Time	Start	Ses
SHEDIAC						
Art Gallery Tour and Etching Demo and Display- by Bob Morouney	Kathy Thurston	Tidnish Bridge Art Gallery	Thursday	2:00- 4:00	5 June	1
Cake Decorating	Certified baker	Sobey's Community Room	Wednesday	2:00 - 4:00	30 April	1
Computers – Interacting with a Digital Society	Jeremie Landry	Shediac Multipurpose Centre	Fridays	9:00 - noon	25 April	8
Cool Cards– Making All Occasion Cards	Gisele Julien	Shediac Multipurpose Centre	Mondays	10:00 –noon	28 April	2
Creating PowerPoint Slides	Eric Guy	Shediac Multipurpose Centre	Wednesdays	1:30 –3:30	30 April	5
Estate Planning	Wade Hamilton	Shediac Multipurpose Centre	Monday	1:00 -3:00	28 April	1
Floral Design Basic Techniques - What to do with Cut Flowers	Karen Mills	Shediac Multipurpose Centre	Monday	1:00 -3:00	9 June	1
Fun with Hypertufa! (Make your own garden pot)	Dale Savoie	Shediac Multipurpose Centre	Monday	1:00 –4:00	12 May	1
Great Moments in Shediac Bay History	Armand G. Robichaud	Shediac Multipurpose Centre	Thursday	9:00-11:00	24 April	6
Harp Therapy	Laurence Marie	Shediac Multipurpose Centre	Wednesday	10:00 -11:00	7 &14 May	2
Hotel Shediac Guided Tour	Nadine Robichaud	Hotel Shediac.	Wednesday	3:30 -4:30	28 May	1
Knit Wits – Fun and Friendship While Learning from Each Other	Janet H Longaphie and Debbie Batog	Shediac Multipurpose Centre	Tuesdays	1:30 - 3:30	22 April	8
Mythbusters for Physical Fitness and Aging	Pauline Boudreau - Jennifer Crook.	Shediac Multipurpose Centre and Oceanside Gym	Tuesdays	10:00 -11:30	13 May 20 May	2
Nature Photography, Editing and Posting	Armand Robichaud & Louis Melanson	Shediac Multipurpose Centre	Thursdays	2:00- 4:00	8 May	4
Numismatics (Coin, Banknote and Medal Collecting)	Geoffrey G. Bell	Shediac Multipurpose Centre	Thursdays	9:30 -11:30	1 May	3
Uno Memento Siciliano (A Celebration and Sharing of Italian Heritage)	Beverly Jean Oliver	Shediac Multipurpose Centre	Fridays	2:00 - 4:00	25 April	8
Yoga for Seniors – Continuing	Janet Cameron	Shediac Multipurpose Centre	Tuesdays	10:00 -11:00	15 April	4
AMHERST						
Beginner Penny Whistle	Dean R. Trueman.	Heated Room at Amherst	Tuesdays	9:30-11:00	15 April	4
Beyond Egg Salad Sandwiches	Patricia Weatherbee	Holy Family Parish Hall	Thursday	2:30 - 4:30	8 May	1
Birdwatching Excursions	Andrew MacFarlane	Various locations	Wednesdays	8:00- noon	23 April	7
Diaries of a Shropshire Farmer 1835-1837	Bruce Coates	Holy Family Parish Hall	Thursday	2:30 - 4:30	29 May	1
Downsizing	Various presenters	Holy Family Parish Hall	Tuesdays	2:30- 4:30	30 April	5
Drawing with Gil	Gil Collicott	Kimble Room, Hertz Hall	Mondays	1:30-3:30	28 April	5
Grain Brain Book Discussions	Carole Konesky	Holy Family Parish Hall	Mondays	2:30- 4:30	28 April	5
Knitting Cables	Nancy Ralston	280 Victoria East, Amherst	Wednesday	1:00- 4:00	7 May	1
Laughing for Joy	Wallie Simieritsch	Holy Family Parish Hall	Thursdays	2:30 -3:30	24 April	4
Rambling History	Leslie Childs	Various locations	Thursdays	10:00 -12:00	22 May	4
Sable Island; A Photo Diary	Andrew MacFarlane	Amherst Library amphitheatre	Tuesday	2:00 -4:00	29 April	1
Spanish Conversation	Antonia Rubio-Reyes	Holy Family Parish Hall	Tuesdays	2:30 -4:30	13 May	4
Spring Centrepiece Flower Arranging	Cathy White	Bridge Adult Service Centre	Thursday	7:00 -9:00	22 May	1
Spring Flowers and Rising Tides	Ken and Etta Adams	Different Locations	Thursdays	10:00 –1:00	15 May	2

CODIAC						
Accessing New Brunswick Health Services: Hospice Services	Amanda McKenna	NBCC Room A2118	Monday	2:30 -3:30	5 May	1
Accessing New Brunswick Health Services: Long Term Care	Patty O'Dell	NBCC Room A2118	Monday	1:30-2:30	28 April	1
Accessing New Brunswick Health Services: Palliative Services:	Patty McQuinn,	NBCC Room A2118	Monday	1:30-2:30	5 May	1
Accessing New Brunswick Health Services: Services of the NB Extramural	Maura Dalton	NBCC Room A2118	Monday	2:30-3:30	28 April	1
Basic Digital SLR Photography	Rick Murray	NBCC Room A2118	Tuesdays	10:00-noon	22 April	6
Beginner French Level 1 – Part 1	Sylvia Damsell	People's Park Tower	Wednesdays	1:30-3:30	30 April	7
Beginner French Level 1 - Part 2	Sylvia Damsell	People's Park Tower	Mondays	1:30-3:30	28 April	7
Biking the Trails of Moncton	Catherine Cox and Jean Siddall	Chocolate River Station	Fridays	9:45-12:30	30 May	5
Container Gardening	Mary Coates	NBCC, Room A2118	Tuesday	12:30-3:30	3 June	1
Conversational French Level 3 Part 3	Debbie Cooney	Dieppe Library	Tuesdays	1:00-3:00	22 April	5
Decorating 101 Part 2	Lorraine McLeod	NBCC Room A2118	Wednesdays	10:00 -noon	7 May	4
Design, Make, and Decorate Felted Balls with Needle Felting	Brenda Trafford	Dieppe Library,	Tuesdays	10:00-noon	13 May	2
Gardening with Bob Osborne	Bob Osborne	NBCC, Room A2118	Tuesdays	2:00-4:00	20 May	2
Holistic Keys to Health: support digestion, stress and mental health	Heather Drummond	People's Park Tower	Wednesdays	11:00-noon	21 May	3
How History Lies to Us From the Beginning to Today	Graeme Decarie	NBCC, Room A2118	Thursdays	1:00-3:00	24 April	6
Introduction to Computers – Session 1	Dennis Damsell	Peoples Park Tower	Mondays	10:00-noon	28 April	7
Introduction to Computers – Session 2	Dennis Damsell	Peoples Park Tower	Wednesdays	10:00-noon	30 April	7
iPad Basics	Gerritt Moleman	Dieppe Library	Tuesday Thursday	10:15-noon	6 May 8 May	2
Moncton Heritage Churches	Various Presenters	NBCC Room A2118 & Peace Centre	Thursdays	9:30-11:30	1 May	5
Stamp Collecting Part 2	Rod Allison	16 Parkwood Drive, Moncton	Tuesdays	1:00-3:00	22 April	2
Stretch Away Stress	Claudia Roy	St. Pat's Family Centre	Saturdays	10:00-11:00	10 May	2
Tea and Health:Overview of Research	Rhea Gallant	People's Park Tower,	Thursday	10:00-noon	8 May	1
The Joy of Music – An Introduction to Various Types of Music	Michel Pitre	Long & McQuade Studio	Fridays	1:00-3:00	2 May	4
Theatre for Fun	Ellen Horsman	Lutz Mountain Meeting House	Wednesdays	1:00-3:00	30 April	5
Watercolour Techniques	Susan Lunney	Boardroom-Recreation Department	Fridays	10:00-noon	25 April	4

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Birth of a Memoir

The Tantramar Seniors' College came to my rescue. I knew I had a book inside of me; I just needed to get it out. My childhood as the youngest of a dozen, our immigration from Holland to Canada, my struggles with my older brother Bill and my loneliness in a seminary – these seemed like the stuff of a memoir, but where should I start.

LOOKING FOR BILL, FINDING MYSELF



A Memoir
JOSEPH KOOT

After retiring from a nurse manager position in the federal prison system, I enrolled in a TSC course taught by Marilyn Lerch. "Bringing Memory to Life" gave me the tools and encouragement to write. My writing started as a history of our family but developed into my personal journey while it began to resolve childhood anxieties.

Then along came Graeme Decarie's "Writing for Personal Pleasure or Publication." I took this TSC course twice, and it made my writing more disciplined – less wordy and more meaningful.

Thousands of hours at the computer have resulted in my memoir, "Looking for Bill, Finding Myself." I feel fulfilled in seeing my creation grace the shelves at Tidewater Books in Sackville.

Numerous seniors have worked at creating courses that made a big difference for many of us. Now Joanne has retired from her teaching career, and together we benefit from the treasure that is the Tantramar Seniors' College.

Joseph has been a dedicated member of the Tantramar Seniors' College and in August of this year he will have completed his 4 year term on the Board. We thank Joseph for the support and time he has given as a director of the College.

SACKVILLE						
Chronic Pain Management	Krista E. Phillips	Lafford Classroom	Tuesday	10:00-noon	29 April	1
Computer Basics	Norm G. Huffman	Lafford Classroom	Thursdays	1:30-3:30	24 April	6
Eight Countries in One Go	Joanne and Joseph Koot	Lafford Classroom	Fridays	1:30-3:30	25 April	4
Gardening	various instructors	various gardenregistration sites.	Tuesdays	1:30-3:30	29 April	6
Gentle Yoga and Meditation	Sherry Smith, Donna Ripley	St Paul's Anglican Church	Mondays	10:00-11:00	28 April	4
Legacy of Life: Tissue and Organ Donation	Susan E Boiduk	Lafford Classroom	Tuesday	10:00-11:30	22 April	1
Relaxed Cycling (or Hiking) for Seniors	Cy V. Bernard, Roy F. Pierog.		Fridays	10:00-noon	25 April	6
Sackville Heritage Architecture	Azi Joulaie and Erin Steuter	Lafford Classroom	Mondays	2:00-4:00	21 April	3
So You Think You Know the Tantramar	Allan D. Smith and Barbara Jardine	various locations	Wednesdays	1:30-4:30	23 April	6
T'ai Chi	Alex Whitla	St. Andrew's Presbyterian Church	Thursdays	3:30-5:00	24 April	6
Tennis	Art and Anne Miller	Mount Allison tennis courts.	Tuesdays and Thursdays	2:00-4:00	3 June	8

Are You Interested?

We are seeking volunteers who would be willing to help with some of the tasks related to registration.

Get in touch with us if you have the time to help out.

WAIVERS

The TSC is instituting an overall waiver to be signed by each member when they pay the yearly membership fee. Additionally, individual instructors may request a course waiver.