

TANTRAMAR SENIORS' COLLEGE

WINTER 2014 REGISTRATION

Sackville Tantramar Veterans Memorial Civic Centre	Monday January 13 3:00-4:30
Amherst Trinity St. Stephen Church	Tuesday January 14 4:15-5:15
Codiac Region NBCC People's Park Tower	Wednesday January 15 12:00-1:30 1:45-2:15
Shediac Multipurpose Centre	Thursday January 16 12:00-1:30



Writing and Having Fun With Poetry

For six Thursday mornings this past fall, ten TSC members met at CFTA, Amherst, to explore and enjoy poetry. Under the playful guidance of instructor, Linda Hargrave, budding poets blossomed, coming each week to create and share in a secure and productive setting. Each class member came on Thursday wondering what the others had done with the weekly assignment, ears wide open as they heard poetic renditions of Beauty's love ode to the Beast or sonnets on a suitcase. This was a great opportunity to suspend the mundane and versify. Class members produced and shared prose poems, rhyming couplets, sonnets, blank verse. In keeping with the title, 'Writing and Having Fun with Poetry', there was lots of laughter, and that continued on Thursday, November 28, when the whole group assembled at Brittney's restaurant in downtown Amherst for brunch - a flavourful and fun-filled finale to a really great TSC course.

Joan Beswick

MORE INFORMATION ON COURSES?

Go to our web site:

tantramarseniorscollege.ca

Click on the course you want.

Click **open** on the next screen.

A copy of the handout for the course you want will appear.

Class Cancellations

We have already had a taste of what winter will bring us. In anticipation of more storms to come we remind you that Tantramar Seniors' College courses will be cancelled if public schools cancel classes.

TSC students will not be notified individually of storm cancellations. Check the school board websites in your area and the local radio stations for school cancellations.

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Course	Instructor	Location	Day	Time	Start	Session
CODIAC						
Beginner French	Sylvia Damsell	People's Park Tower	Monday	1:30-3:30	Jan 27	8
Conversational French Level III Part II	Debbie Cooney	Dieppe Library	Tuesday	1:00-3:00	Jan 28	5
A Tale of L'Acadie: The Landscape of Grand Pré	Claude DeGrace	NBCC Room A1133	Thursday	2:00 – 3:30	Feb 6	1
Be the Best You Can Be After 50 - Celebrate Your Natural Beauty	Mary Yvonne Barry Belliveau	Pear Tree Clinic,1067 Champlain Street, Dieppe	Fridays	1:00 – 2:00	Feb 7	4
Chronic Pain Management Workshop	Krista Phillips	Dieppe Library	Wednesday	1:00 – 3:00	Jan 29	1
Crossing Cultures: When the World comes to your Neighbourhood	Justin Ryan	MAGMA Board Room, Peace Centre	Wednesday	1:00 – 3:00	Jan 29	3
Exploring the Literature of Atlantic Canada	Mary H�el�ene Rogers	NBCC Room A1133	Tuesdays	1:00 – 2:15	Jan 28	8
First Aid for Senior; Safety in the Home	Robin True	Riverview Fire Hall.	Wednesday	7:00–9:00 pm	Feb 5	2
Introduction to Western Art History, Part III (pre-requisite is Part II)	Will Kealy	NBCC Room A1133	Wednesday	9:30 -11:30	Jan 29	4
Staying in Shape Inside While Winter Happens Outside	Samantha	St. Pat's Family Centre 34 Providence Street	Monday Wednesday	1:00 – 2:00	Jan 27 Jan 29	2
Computers for Beginners , Session 1	Dennis Damsell & Judy Johnson	Peoples Park Tower	Mondays	10:00-12:00	Jan 27	8
Computers for Beginners, Session 2	Dennis Damsell & Judy Johnson	Peoples Park Tower	Wednesday	10:00-12:00	Jan 29	8
Tai Chi Dong Taijiquan Part II Prerequisite: Part I.	Huguette G Lagace	Peoples' Park Tower	Tuesdays	9:30 – 11:00	Jan 28	6
Tea and Social Customs	Rhea M. Gallant	Peoples' Park Tower	Friday	9:30 -11:30	Feb 14	1
Travel Tales	Eric Guy	NBCC Room A1133	Thursdays	1:00 – 3:00	Jan 29	6
Watercolour Techniques	Susan Lunney	Riverview Recreation Department Boardroom	Fridays	10:00-12:00	Jan 31	6
AMHERST						
Amherst Industrial History:Rhodes & Curry	Ray Dixon	Amherst Library	Fridays	10:30 -12:30	Feb 7	2
Baking Traditional Oat Cakes	Sandra Dilman	Bridge Adult Service Centre	Thursday	6:15 - 8:30	Feb 27	1
Chair Yoga	Sherry Smith & Donna Ripley	Amherst Stadium	Wednesday	10:30-11:30	Feb 5	4
Book and Movie Discussion: In the Heat of the Night	Library Staff, Denise Corey	Amherst Library.	Thursday Friday	7:00-9:00 pm 10:30-12:00	Feb 27 Feb 28	2
Drawing	Gil Colicott	Kimble Room– Hartz Hall	Monday	1:30-3:30	Feb 3	5
Introduction to Ancestry – Library Edition	Library Staff/Denise Corey	Amherst Library	Tuesday	10:00–12:00	March 25	1
Introduction to Basic Bridge	Judy Jonah	Tantramar Community Radio	Mondays	1:00-3:00	Jan 27	4
Introduction to Drawing, Focus: Technique and Composition	Shirley Ann Hallee	Amherst Stadium	Tuesdays	9:30 - 11:30	Feb 18	5
Yin Side with Yin Yoga	Stephanie Allen	YMCA Community Room	Tuesdays	1:00 - 2:30	Feb 4	4
Travel Tips for Seniors	Mary Lynn Chapman	Tantramar Community Radio	Friday	2:00 – 3:30	Feb 7	1
Introduction to Facebook	Library Staff/Denise Corey	Amherst Library	Friday	10:00-12:00	Feb 21	1

Amherst – continued						
Introduction to New Figure Fitness	Marcilla Murphy	New Figure Fitness Centre	Thursdays	2:00 -3:00	Feb 6	4
Opera Appreciation	Beverly True	Kimble Room, Hartz Hall	Wednesday	2:00 -3:30	Feb 5	6
Meditation	Mike Seelye	Kimble Room, Hartz Hall	Tuesdays	10:30-11:30	Jan 28	4
Men Can Cook	Robert Mansour, Wayne Lines and Dick Beswick	Bridge Adult Service Centre	Thursdays	4:30 –6:30	Jan 30	3
Photo Diary: A Day on the Island of Sark, Channel Islands	Mary Lynn Chapman	Tantramar Community Radio	Friday	2:00- 3:30	Feb 14	1
Photo Filing	Mike Gaul	Kimble Room , Hartz Hall	Fridays	10:00 -11:00	Feb 21	2
Rosemailing Rug Hooking Norwegian Flowers	Edie Cole	Edie's Studio.	Fridays	1:30 – 3:30	Jan 31	4
SACKVILLE						
Dancing with the STARS	Donald MacIntyre	Curling Club	Tuesdays	8:15 -9:15 pm	Jan 21	6
Science in Everyday Life	Various presenters	Lafford Classroom.	Thursdays	1:00 - 3:00	Jan 23	5
How to Fix Just About Anything	Ray Dixon	Lafford Classroom.	Wednesday	9:30 – 11:30	Jan 22	6
Learn to Crochet	Patty Chassé	Lafford Classroom	Mondays	10:00-12:00	Feb 3	5
Men's Health – Let's Talk	Harold Popma and Bill Evans	Lafford Classroom	Thursdays	10:30- 12:00	Jan 23	4
Paris! Paris! 2014 French conversation	Alex Fancy	Lafford Classroom	Tuesdays	10:00 -11:55	Feb 4	6
Reading a Modern Novel – The Headmaster's Wager by Vincent Lam	Gary MacDonald	Lafford Classroom	Tuesdays	1:30 -2:30	Jan 21	4
Snow-Shoeing and Cross-Country Skiing	Cy Bernard and Roy Pierog	Sackville area snowshoe and ski trails.	Fridays	10:00 -12:00	Jan 24	6
So You Think You Know the Tantramar	Al Smith	Lafford Classroom & field trips	Wednesday	1:30 - 3:30	Jan 22	4
Tai Chi	Alex Whitla	St. Andrew's Presbyterian Church	Thursdays	3:30- 5:00	Jan 23	6-8
War Art	Virgil G. Hammock	Lafford Classroom	Mondays	1:30 – 3:00	Jan 20	6
Well, In My Day	Various presenters	Lafford Classroom	Saturday Tuesday	10:00- 12:00	Jan 25 Jan 28	2
What Did You Think of the Movie Last Night?	Berkeley Fleming and Peter Manchester	Lafford Classroom.	Every second Friday	1:30 – 3:00	Jan 24	7
SHEDIAC						
Arthritis – Chronic Pain Management Workshop	Krista Phillips	Shediac Multipurpose Centre.	Monday	1:00 -3:00	Feb 24	1
Bridge - Opening Leads & Defensive Play for No Trump Contracts	Joanna LeBlanc	Shediac Multipurpose Centre.	Tuesdays	1:00 - 4:00	Jan 28	4
Cake Decorating: Tips for Frosting Cakes	Certified baker	Sobey's Community Room, Shediac.	Friday	2:00- 4:00	Feb 7	1
Dog Whispering	Pauline Cormier	Shediac Multipurpose Centre & Rehab Centre for Dogs	Mondays	10:00-11:30	Feb 3	4
Estate Planning	Wade Hamilton	Shediac Multipurpose Centre.	Monday	1:00 - 3:00	Jan 27	1
Gluten Free Maze	Véronique Maillet	Sobey's Community Room, Shediac	Friday	1:00 - 2:30	Jan 31	1
Household Downsizing and Staging	with Kathy A. Sather	Shediac Multipurpose Centre.	Monday	1:00 - 3:00	Feb 10 Mar 3	2

The Tantramar Seniors' College is very appreciative of the support provided by municipalities and other organizations in our four regions. The grants, free space offered for classes, and other support enable TSC to provide learning experiences for seniors. At this time the Codiac Region would like to thank:

Dale Finnamore, Director of Administration, NBCC, and his assistant, Amanda Gautreau
 Nathalie Brun, Director of Library Services, Dieppe, NB
 Christine Richard, Activity Director, People's Park Town.



In September the Tantramar Seniors' College held its Annual General Meeting at Trinity St. Stephen United Church in Amherst. Following the reports, nominations and other business matters, we were greatly entertained by the "Treblemakers". This group, that got started following a TSC ukulele course, have stayed together and have become an impressive group. Thank you to each of you for taking the time to come to the AGM and for your beautiful music.

SHEDIAC CONTINUED

Mental Wellness and Aging	Charlotte LeBlanc	Shediac Multipurpose Centre.	Monday	1:00 - 3:00	Feb 17	1
Organ and Tissue Donation - Life Changing Gifts!	Mark Black and Monique McTierran-Black	Shediac Multipurpose Centre.	Monday	1:00 - 2:30	Feb 3	1
Political Systems - Municipal, Rural, Provincial, Federal - How they REALLY work	Mike B. Sullivan	Shediac Multipurpose Centre	Fridays	10:00 - 12:00	Jan 31	8
Travellers' Tales - Alaska	Eric Guy	Shediac Multipurpose Centre	Wednesday	2:00 - 4:00	March 12	1
Travellers' Tales - An East Coaster on Pender Island, BC	Mary B. Campbell	Shediac Multipurpose Centre	Wednesday	2:00 - 4:00	Feb 12	1
Travellers' Tales - Luxembourg	Gisele G. Julien	Shediac Multipurpose Centre	Wednesday	2:00 - 4:00	Feb 19	1
Travellers' Tales - New Zealand and Tasmania	Candy and Jim Learmouth	Shediac Multipurpose Centre	Wednesday	2:00 - 4:00	Jan 29	1
Travellers' Tales - Russia	Lynda and John Jones	Shediac Multipurpose Centre.	Wednesday	2:00 - 4:00	Feb 5	1
Travellers' Tales - Safari in Botswana and Zimbabwe	Brenda M. Mitton	Shediac Multipurpose Centre.	Wednesday	2:00 - 4:00	March 5	1
Traveller's Tales - Single Travel to Europe - Focus on Italy	Jo-Anne Belliveau	Shediac Multipurpose Centre.	Wednesday	2:00 - 4:00	Feb 26	1
Western Medicine vs Complementary Medicine: Pros and Cons	Dr. Peter R. Ford	Shediac Multipurpose Centre.	Wednesday	10:00 -12:00	Jan 29	1
WRITE NOW! Writing Today for Tomorrow	Warren Redman	Shediac Multipurpose Centre.	Thursdays	2:00 - 4:00	Jan 30	8
Yoga for Seniors .	Janet Cameron	Shediac Multipurpose Centre.	Tuesdays	10:00 -11:00	Jan 28	6