



Seniors Teaching and Learning Together

January 2019

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Remember:

We always welcome suggestions, questions, and volunteers!

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Wreath Making
Shediac

Dear Members:

Well, November was certainly full of surprises – heavy snowfalls, low temperatures, and a significant change in American politics. However, the biggest and least welcome surprise has been the announcement that our wonderful Coordinator, Tracey, is leaving us for a better opportunity!

Of course, we wish Tracey all the best as she moves on to new challenges but we will miss her! She has been a pleasure to work with and always had a warm welcome for anyone who dropped by the TSC office.

The Board of TSC worked quickly to find a replacement and asks everyone to join us in welcoming John Wales as our new Coordinator. Page 2 of the Newsletter introduces you to John.

The Fall term has been busy with our number of members registering going up dramatically from Fall 2017. We, also, welcomed 35 new members. And there were a total of 92 courses offered! Our Regional Committees have been impressive! Thank-you to everyone who works so diligently coming up with ideas for courses, finding instructors, finding locations for the classes, and then making sure the classes run smoothly. All the while planning for the next term's courses. We would not exist without our regional committees!

We are always looking for opportunities to spread the word about the Tantramar Seniors' College, so, if you know of a group (such as retirees, service groups, etc.) that you think might be interested in a talk, please, let me know.

Just a heads-up, we have moved our Annual General Meeting from September to late June starting in 2019. Please save June 25th.

May your holidays be merry, bright, and safe! All the best for the New Year!

Heather Patterson

President, TSC




Welcome the new Coordinator

Please join us in welcoming John Wales

John was born and lived his whole life in Ontario, until he moved to Amherst with his wife, Roxanne, in January of 2018. He has deep maritime roots, however, as his mother was born and raised in Tracadie, Nova Scotia, and comes from a long line of Acadian ancestors. John worked for over 25 years at Trent University, first in Peterborough, Ontario and later at Trent's campus in Oshawa. He has a degree in History and a quarter century as a member of the Trent University Library staff. John is a strong proponent of life long learning, and is excited to be joining the team at Tantramar Seniors' College.

In addition to supporting the College, John volunteers as the Assistant Curator at the Nova Scotia Highlanders Regimental Museum. In his spare time, John likes to golf, take nature walks and read mystery novels.

 **Can't attend a class session once a course has started?** Please contact the instructor directly to advise that you can't attend. Office hours reduce after registration and a message left on the office phone may not get to the instructor before the start of class

Thank You.



*As we head into the Winter term we would like to remind you of the
bad weather policies:*

Bad Weather Policy: In the event that schools in your area are closed due to weather, Tantramar Seniors' College classes in your area are cancelled. To check closures for:

Amherst listen to local radio stations CFTA – 107.9 and CKDH or CBC.

Sackville, Codiack and Shediack call 506-856-7669 or listen to local radio stations and CBC.

Or visit the TSC website where links to the school boards are posted on the homepage. In the event that a Registration session is cancelled due to bad weather members will be notified by e-mail of the new date and details will be posted on the website.

Schools advise of closures at 6am so please check advisories before heading out to class in stormy weather, the coordinator will also try and post the notices on Facebook when school closures are in place.

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Classroom Comportment: Active class participation is welcomed and encouraged by TSC. We request that class members remain mindful of the level of comfort of their fellow students and the volunteer instructors as they participate in discussion.

Winter Registration 2019



Sackville – Jan 7, 2019, 3:30 – 4:30 pm, Tantramar Veterans Memorial Civic Centre

Amherst – Jan 8, 2019, 4:00 – 5:00 pm, Nova Scotia Community College

Codiac – Jan 9, 2019, 1:00 – 2:00 pm, Crossman Centre / Kay Arena, 99 Wynwood Drive, Moncton

Shediac – Jan 10, 2019, 12:00 – 1:00 pm, Shediac Multipurpose Centre

Course	Instructor	Location	Day	Time	Start	Ses- sions
AMHERST						
Chair Yoga	Joan Beswick	NSCC	Mon	9:30 – 10:30 am	Jan 14	3
Circumnavigating Nova Scotia in a 33-foot Wooden Boat	Blake Daley	NSCC	Mon	10:00 am –Noon	Feb 25	1
Classic Film Friday	Chantelle Taylor	Four Fathers Library	Fri	10:00 am –12:30 pm	Feb1	4
Edible Wild Plants	Silvana Castillo	NSCC	Tues	2:00 pm – 3:30 pm	Jan 29	2
From Chuckles to Guffaws	Dale Fawthrop	NSCC	Tues	10:30 am –Noon	Jan 29	4
Gentle Hatha Yoga	Donna Ripley	Hatha Yoga Room	Weds	10:00 – 11:00 am	Feb 6	4
Individual Tutorials for Beginner iPad Users	Wanda Seely Lynne O'Brien- Lines	NSCC	Weds	10:00 am - Noon	Feb 20	4
Introductory Tai Chi	Rick Toupin	Amherst Shoto Kan Karate Acad- emy	Wed	7:00 – 8:30 pm	Feb 6	4
Present/Future Products of MYNSLC – Cannabis store in Amherst	Beth Martin	NSCC	Mon	1 :00 - 2:30 pm	Feb 6	1
Readers' Theatre Performance: <i>The Life and Times of Thomas Pichon – the Spy of Beausejour.</i>	Dale Fawthrop	NSCC	Thurs	10:30 am –Noon	Jan 24	1
Remembering Canada's Heroes – WWII to present	William (Bill) Green	NSCC	Thurs	10:30 am –Noon	Feb 21	1
Tour of the Nova Scotia Highlanders Regimental Museum	Ray Coulson	Amherst Ar- moury, Acadia St.	Mon	10:00 am	Jan 28	1
Trip to Iceland	Vicki Daley Rhianna Edwards	NSCC	Thurs	10am- Noon	Feb 28	1

Course	Instructor	Location	Day	Time	Start	Ses- sions
CODIAC						
5 Element Tai Chi	Barbara Gould	Camden Crt Rose Hall	Weds	10:30 - 11:30 AM	Feb. 6, 13, 20, 27, Mar. 6	5
A Medical Mix	Dr. Greg Donald	Crossman Centre Smythe Room	Tues	10 - 11:30 AM	Feb. 5, 12, 19, 26	4
Acupuncture	Jacek Brachaniec	Crossman Centre HLS Room	Mon	11 AM - 2 PM	Feb. 4	1
Astronomy	Emma MacPhee	Crossman Centre HLS Room	Weds	1:30 -3 PM	Feb. 13, 20, 27, Mar. 6, 13	5
Baha'i Faith	Denis Allard	Riverview Town Hall Gun- ningsville Room	Mon	Mar. 4, 1 - 4 PM, Mar 5, 1 - 2 PM	Mar. 4, 5	2
Computers for Beginners	Jeremie Landry	Crossman Centre Smythe Room	Mon	9 AM to Noon	Jan. 28, Feb. 4, 11, 25, Mar. 4, 11, 18, 25	8
Create Your Own Fairy Garden	Susan Duquette, Linda Sheppard	Instructor's Home	Weds	10 AM - 12:30 PM	Feb. 6	1
Cultivating Peace of Mind	Caroline Kohn	Crossman Centre HLS Room	Thurs	1:30 to 3 PM	Jan. 24, Feb. 7, 21, Mar. 7, 21, Apr. 4	6
Growing Seeds \$15	Lisa Brown	Instructor's Home	Tues	1:30-3:30 PM	5-Mar	1
History of Acadian People	Michael LeBlanc	Crossman Centre Smythe Room	Weds	10 AM to Noon	Mar. 13, 20	2
Impact of Marijuana Legalization	Peter Ford	Crossman Centre HLS Room	Fri	10:30 AM - 12:30 PM	Feb. 8	1
Italian Introduction	Rosalba Santori & Carolyne Chiasson -Hooper	Dieppe Library - Meeting Room	Tues	10:15 - 11:15 AM	Jan. 29, Feb. 5, 12, 26	4
Knitting for Charity	Cathy Airey	Camden Crt 3 rd Floor Lounge	Tues	1 - 3 PM	Jan. 29, Feb. 5, 12, 19, 26	5
Learn to Play Bridge	Brian Maclver	Riverview Place Mall	Tues	1:30 - 3:30 PM	Feb. 5, 12, 19, 26,	4
Making Mittens & Hat from Felted Material	Phyllis Murray	Camden Crt Rose Hall	Mon	1 - 4 PM	Jan. 28, Feb. 4, 11, 18, 25, Mar. 4	6
Shuffleboard	Paul Belliveau	Crossman Centre Gym	Thurs	1:30 - 3 PM	Mar. 7, 14, 21	3
Snowshoeing	Karen & Gary Mills	Outdoor Event	Thurs	10AM - Noon	Jan. 31, Feb. 7, 14, 21, 28	5
Travel Tales	Eric Guy	Crossman Centre Smythe Room	Thurs	2 - 4 PM	Jan. 31, Feb. 7, 14, 21, 28	5
Trip Back in Time – 1960's	Jacek Brachaniec	Crossman Centre Smythe Room	Thurs	10 AM to Noon	Mar. 7, 14, 21, 28	4
X-Country Skiing	Roger Albert	Centennial Park	Mon	1 - 3 PM	Feb. 4, 11, 18, 25	4

Course	Instructor	Location	Day	Time	Start	Ses- sions
SACKVILLE						
100th Anniversary of WW1	Joycelyn Ross	Lafford Classroom	Mon	2-4pm	Mar 4th	4
A Darwinian perspective on health & disease	Felix Baerlocher	Lafford Classroom	Thurs	2-4pm	Feb 7th	2 or 3
Accessorizing with scarves	Kate Bredin/Eileen Herteis	Lafford Classroom	Tues	2-4pm	Mar 19th	1
Badminton	Harold Popma	MS Baptist Church	Thurs	10.30am- Noon	Jan 24th	6
Beginner's Snowshoeing	Roy Pierog	Beech Hill Park	Wed	1-2pm	Jan 30th	2
Bridge tips and play	Anne Posch/Jon Shute	MS Baptist Church	Wed	7-9pm	Jan 23rd	4
Celtic Dancing	Todd W McCall	Perpetual Motion Dance Studio	Thurs	1.30-3.00pm	Feb 7th	4
Chair Yoga for Seniors : Balancing Body and Mind	Monika Boehringer	St Paul's Church hall	Tues	10-11am	Feb 12th	4
Cross Country Skiing	Kate Bredin & Rich- ard Elliot	Various	Mon	1-3pm	Jan 28th	2 or 3
Improving your Balance	Renee Rioux	Perpetual Motion Dance Studio	Mon	2-3.30pm	Mar 4th	1
Inside the Canadian Wildlife Service	Richard Elliot	CWS at 17, Waterfowl Lane	Wed	10.00-am- Noon	Jan 30th	5
Inside the Ivory Tower series	Various Mt A Professors	Town Hall Chambers	Wed	Noon-1pm	Last Wed of Month	4
Introduction to Indigenous Issues	Lori Ann Roness	Lafford Classroom	Mon	9.30- 11.20am	Jan 28th	4
Knitting, socks, for Intermediate Knitters	Susan Spence	Lafford Classroom	Mon	1.30-3.00pm	Jan 21st	4
Paris! Paris! French Conversa- tion	Alex Fancy	Lafford Classroom	Tues	10.00-am- Noon	Mar 5th	4
Rabbie Burns	Eileen Herteis	Lafford Classroom	Thurs	2.30-4.30pm	Jan 24th	1
Reupholestry of a chair	Pat Dixon	Lafford Classroom	Fri	9.00- 11.00am	Jan 25th	8
Snowshoeing for the Experienced	Roy Pierog	Various	Fri	1.00-3.00pm	Feb 8th	4
So You Think You Know Tantra- mar #6	Al Smith	Various	Tues	1.30-3.00pm	Jan 22nd	5
T'ai Chi Yang style, stages 1 and 2	Alex Whitla	PM Dance Studio	Tues	10.00- 11:30am	Jan 22nd	6
Tax and Benefits info (incl. Enti- tlements)	Mereille Basque of CRA	Lafford Classroom	Weds	10am-Noon	Mar 13th	1
Traveller's Tales	Various	Sackville Library	Wed	2-4pm	Jan 23rd	5
Wetlands - a Winter Wonderland	Sarah Boorne	Wetlands Centre	Wed	1-3pm	Feb 13th	1

Course	Instructor	Location	Day	Time	Start	Ses- sions
SHEDIAC						
A Week of Healthy Menus for Seniors	Veronique Maillet, R.D.	Sobey's 2nd. Floor Classroom	Mon	1:30 - 3:30pm	Jan 29	1
ABC's of Household Repairs and Projects for Beginners	Helen Wedge and Linda Gryfon	Multi-Purpose Centre	Weds	2:00 - 4:00pm	Jan 23	4
The Aboiteau System: the transformation of the Bay of Fundy salt marshes	Ronnie-Gilles LeBlanc	Multi-Purpose Centre	Mon	2:00– 4:00pm	Feb 4	1
CANADIANA – The Best Country in the World seen through the Eyes of a Trivia Buff	M. B. Mike Sullivan	Multi-Purpose Centre	Fri	10:00am-Noon	Jan 25	5
CROCHETING for Everyone	Nancy Keast	Multi-Purpose Centre	Weds	10:00am-Noon	Jan 23	8
Current Events – “Up for Discussion”	W.E. (Bill) Belliveau	Multi-Purpose Centre	Mon	7:00-9:00pm	Jan 21	8
Exotic Cuisine	Jocelyne Ross	40 Caissie Avenue, Shediac	Mon	1:00 – 4:00pm	Jan 28	4
Figurative Language	Steve Campbell	Multi-Purpose Centre	Tues	10:0am-Noon	Jan 22 nd	4
French Conversation	Guylaine Jean-Gagnon	Multi-Purpose Centre	Mon	10:00-11:30am	Jan 21	8
Guided Meditation	Jean Short & Odette Pellerin	Multi-Purpose Centre	Tues	2:00 – 3:30pm	Feb 5	6
Healthy Cooking	Susan Jardine	Trinity United Church Kitchen	Thurs	10:00am– 1:00 pm	Jan 17	5
Images of Evangeline	Deborah Robichaud	Multi-Purpose Centre	Weds	2:00 – 4:00pm	Feb 6	3
Knit Wits	Batog, Horsman	Shediac Bay Community Church	Thurs	1:00 –4:00pm	Jan 24	8
Modern Bridge Defense	Wade Short	Multi-Purpose Centre	Tues	9:30-11:30am	Feb 12	6
Small Acrylic Paintings	Clarence J. Cormier	Multi-Purpose Centre	Fri	1:00–3:00pm	Feb 1	5
Travellers' Tales	Various	Multi-Purpose Centre	Tues	2:00–4:00pm	Jan 22	4
Water Quality monitoring and data	Remi Donelle	Multi-Purpose Centre	Weds	10:00am-Noon	Jan 23	1
Word Play	Colin Thornton	Multi-Purpose Centre	Mon	2:00 –4:00pm	Jan 21	4
Your Kids Don't Want Your Stuff	Deborah Robichaud	Multi-Purpose Centre	Weds	2:00 –4:00pm	Mar 20	1