

Cooking Risotto



Instructor: Graeme Marney

Date/ Time: Thursdays 6:30pm-8pm

Session Dates: November 2, 9, 16 (3 sessions)

Location: Trinity St Stephens Church - Hertz Hall kitchen

Participants: Minimum 8, Maximum 16

Course Outline:

Session #1 – The history of risotto, required kitchen equipment, shopping for ingredients and actual preparation of a basic stovetop classic risotto suitable for an accompaniment with braised meat or similar.

Session #2 – Building on the first week this session will discuss making a traditional stove top risotto as a foundation for a one pot meal incorporating chicken, mushrooms, leeks, and herbs.

Session #3 – Keeping with the idea of risotto as the foundation for an entire meal this session will involve making a risotto cooked on the stovetop as well the oven with ingredients including: smoked fish, baby spinach, and leeks.

(To fully benefit from these sessions participants should be able to stand for at least 30-40 minutes)

Instructor Bio:

Graeme is an amateur home chef with a passion for Italian cuisine broadly with a particular interest in risotto. Apart from an occasional cooking course at home and abroad Graeme is largely self-taught.

Remember to check your email before each new course begins and during the course. You will be contacted by email if:

- a) The course is cancelled or delayed unexpectedly or if there is a change in the time or venue of the course.
- b) During the course if the instructor gives notice that he or she is ill or unavailable for one of the sessions. The course liaison will attempt to contact those without email by phone, so please ensure the TSC has your correct phone # as well.

Absence/ Absenteeism - TSC instructors are volunteers who work very hard to prepare courses. Your cooperation is appreciated in letting them know if you are unable to attend as most instructors plan for the number of students who registered for the course. If circumstances change for you between registration and the first class, or if you decide to withdraw from the class, please email the TSC coordinator at tsccordinator@gmail.com. You can also call 506-364-2780 to let us know. Many courses have a wait list and someone else may be able to take your place. Once the class has started please advise the instructor if you are unable to attend a session.

Classroom comportment - Active class participation is encouraged by the TSC. We request that class members are mindful and respectful of the level of comfort of their fellow students and the volunteer instructors as they participate in the discussions.