

Wintering in Portugal



Instructor: Barry and Edith Helm

Date/ Time: Tuesday 2 pm- 4pm

Session Dates: October 17 (1 session)

Location: NSCC Amherst

Participants: Minimum 6, Maximum 30

Course Outline:

The session will primarily focus on travel within and around Portugal;
Including:

- Daily activities and day trips within Portugal.
- Introduction to the lifestyle. Do's and Don'ts.
- Expected budget; costs of various accommodation types and daily essentials.
- Food and restaurant life.
- Transportation and overnight side trips within Portugal and Europe.
- Gypsy markets.
- You Tube visits to various sites in Portugal

Instructor Bio:

The instructors have wintered for three months in Portugal for the past 6 years. Missing a year due to Covid.

Barry was a member of the RCMP and held the position as an instructor and also worked with the RCMP in media relations.

Edith is a retired school teacher.

Remember to check your email before each new course begins and during the course. You will be contacted by email if:

- a) The course is cancelled or delayed unexpectedly or if there is a change in the time or venue of the course.
- b) During the course if the instructor gives notice that he or she is ill or unavailable for one of the sessions. The course liaison will attempt to contact those without email by phone, so please ensure the TSC has your correct phone # as well.

Absence/ Absenteeism - TSC instructors are volunteers who work very hard to prepare courses. Your cooperation is appreciated in letting them know if you are unable to attend as most instructors plan for the number of students who registered for the course. If circumstances change for you between registration

and the first class, or if you decide to withdraw from the class, please email the TSC coordinator at tscordinator@gmail.com. You can also call 506-364-2780 to let us know. Many courses have a wait list and someone else may be able to take your place. Once the class has started please advise the instructor if you are unable to attend a session.

Classroom comportment - Active class participation is encouraged by the TSC. We request that class members are mindful and respectful of the level of comfort of their fellow students and the volunteer instructors as they participate in the discussions.