

Downsizing, Decluttering & Move Organizing

Instructor: Kim Eagles; kim@kaossolutions.com; 506-8501933

Date/Time: Wednesdays; March 6, 13, 20; 10:30 – noon

First class: Wednesday, March 6 (3 Session/s)

Location: Crossman Centre

Participants: Min: 10; Max: 30

Course Outline:

Solving The Downsizing Dilemma

In this course you will learn the steps you can take to declutter and downsize your home and stuff. Whether you are moving to a smaller space or just ready to downsize the amount of stuff you have, because in reality – your kids don't want all your stuff and that is not the legacy you want to leave them. This course will help you let go of all that excess, get you ready to for the downsize move and give you tips on getting organized.

Day 1

Finding your why

Creating a plan

Taking inventory

The Basics of letting go of your stuff

Day 2

Staging your home to sell (or to stay)

The smooth move

Settling into a new smaller space

Day 3

The basics of organizing

Room by room organizing tips

Instructor Bio: Kim Eagles is the author of two books 'Release The Clutter' and 'Solving The Downsizing Dilemma'. Founder of Kaos Solutions, a full service decluttering, downsizing and estate clearing company in the Greater Moncton Area, she is a Professional Organizer and Declutter Coach. Since 2005 she has been helping families clear the excess in their life with calm and ease. She specializes in working with seniors and their families to help them deal with the stuff!

Remember to Check Your E-Mail Before Each New Course Begins and During the Course. You will receive an e-mail if:

- a)** the course is cancelled or delayed unexpectedly or if there is a change in the time or venue of the course; **b)** during the course if the instructor gives notice that he/she is ill or unavailable for one of the sessions. The course liaison will attempt to contact those without e-mail by phone, so please make sure TSC has your correct phone number and e-mail.

Attendance/Absenteeism. TSC instructors are volunteers who work very hard to prepare courses. Your cooperation is appreciated in letting them know if you are unable to attend as most instructors plan for the number of students who registered in the course. If circumstances change between registration and the first class, or if you decide to withdraw from the class, please e-mail the TSC coordinator at tscordinator@gmail.com or call 506-364-2780. Many courses have a wait list and someone else may be able to take your place. Once the class has started advise the instructor directly if you are unable to attend a session.

Classroom Comportment. Active class participation is welcomed and encouraged by TSC. We request that class members remain mindful of the level of comfort of their fellow students and the volunteer instructors as they participate in discussion.